



Surrogate Hospital Checklist ✨

Important Documents

- Copies of ID and insurance card
- Birth plan
- Surrogacy contract
- Printed list of important contacts
- Parentage paperwork

Toiletries

- Shampoo, conditioner, soap, lotion, deodorant
- Hairbrush, hair tie
- Toothpaste, toothbrush
- Extra contact lenses, contact case, contact solution, glasses
- Lip balm, makeup

Essentials

- Medications
- Birthing items
- Postpartum recovery items
- Maxi pads
- Breast pump

Comfort Items

- Snacks
- Warm socks or slippers
- Fresh set of clothes
- Robe
- Favorite nightgown
- Soothing essential oils

Entertainment

- Phone charger
- Reading materials
- Tablet and charger
- Craft